



IMPORTANT DATES:

Mar 23 - Parent Cafe #4
Mar 24 - Picture Day MakeUp Day
Mar 25 - SMFCSD School Board Meeting
Mar 26 - Third Quarter Ends
Mar 29 - Apr 9 - Spring Break
Apr 12 - Founder's Day Nomination Forms Due

SMFCSD NEWS

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Spirit Week this week as well as Picture Make Up Day - details below! Enjoy the rest of your week and we hope you have a relaxing Spring Break!

Have a great week!
The Bowditch PTSA

SMFCSD NEWS

PARENT CAFE #4 (English): Mental Health and Community Resources for School Re-Opening

April Torres, MFT, Manager of Mental Health Programs, SMUHSD

Tuesday, March 23, 2021, 5:30pm – 6:30pm PDT, Online Event (Meeting)

Register: <https://parentcafe4english2021phcd.eventbrite.com>

Join us for an all-new 'Parent Café (English)' with April Torres, Manager of Mental Health Programs for San Mateo Union High School District (SMUHSD), and Tyler Chamness, Client Relations Manager at Care Solace. This series of (virtual) parent discussion groups will focus on parent-child communication and managing relationships with your child or teen. Parents and caregivers welcome! Free admission. The

Parent Café is an initiative of [Peninsula Health Care District](#), in partnership with [The Parent Venture](#) (The Parent Education Series). Questions? Contact Charlene Margot, MA, Co-Founder and CEO, The Parent Venture, at cmargot@parentventure.org.

SMFCSD SCHOOL BOARD MEETING: Thursday, March 25, 2021, 6:30 pm.

See [the district website](#) for the agenda and more information.

WHAT'S HAPPENING AT BOWDITCH...

BOWDITCH SPIRIT WEEK: Spirit Week is next week from **Monday March 22 to Friday March 26.**

Monday - Bring your pet or favorite stuffie to school

Tuesday - Mustache Day

Wednesday - Wear your favorite Hoodie and make a fun background

Thursday - Wear Tie Dye and/or Holi colors

Friday - Blue & Gold School Spirit

SPRINGTIME KAHOOT! AT LUNCH:

Tuesday - 6th grade 12:00pm-12:30pm

Wednesday - 7th grade 12:30pm-1:00pm

Thursday - 8th grade 12pm-12:30pm

COMMUNITY RESOURCE PAGE: Bowditch Families, PTSA is (potentially) creating a community resources page to be placed on the PTSA website. As a Bowditch family, if you highly recommend a community organization geared toward the social, emotional, academic, or physical development of your kids, let us know [using this form](#). You cannot be the owner, organizer, or employee of the organization. We will only launch this page if we have a strong response and buy-in from our Bowditch families.

BOWDITCH FOUNDER'S DAY:

Do you know of a person who has made significant contributions to the well being of children or families within our Bowditch community? If so, it's time to recognize them by nominating them for an Founder's Award. Any current Bowditch teachers, administration, as well as PTSA officers and members can be nominated. Complete a [nomination form](#) by **April 12!** Founder's Day Awards Ceremony will be on May 18th at 2:30pm.

BOWDITCH PTSA CO-PRESIDENT NEEDED for the 2021-2022 SCHOOL YEAR: We have a wonderful slate of officers for next school year's executive board with a good mix of experienced and newer members to support anyone that is interested in the Co-President role. We hope you will consider joining our team.

The perks Direct involvement in program decisions that the PTSA implement, work closely with a strong and experienced executive board team, work closely with Principal Morgan and build connections with PTSA presidents from other Middle Schools in our district, build a connection to High School PTA/PTO presidents and the SMUHSD Superintendent.

Please contact our current president, *Harpreet McDermott*, if you are interested in discussing this position at president@bowditchptsa.org. Thank you so much for considering and we hope you join us!

PRINCIPAL'S CORNER

PICTURE RETAKE DAY: Picture retake day will be on Wednesday March 24 from 1:00pm to 3:45pm. Only students who missed the first day need to come. You can still order pictures at mylifetouch.com using Picture ID code **EVTKHRJH4**.

SCHEDULE:

Time	Last Names
1:00-1:30	A-C
1:30-2:00	D-J
2:00-2:30	K-M
2:30-3:00	N-R
3:00-3:30	S-W
3:30-3:45	X-Z

Please follow all social distancing rules and wear a mask until the photographer instructs you to remove it. Enter through the gates near the wall ball courts on Beach Park. Parents may wait outside the gate. Thank you to our PTSA who will be distributing Bowditch masks upon exit.

Some students may be asked to come to pick up other items, this is on an individual basis, so only students who need a photo taken, or who have been asked to come should plan on being here.

8TH GRADE INFORMATION

See the [Bowditch PTSA - 8th Grade Transition page](#) for district details and important dates.

See the [Bowditch PTSA - 8th Grade Promotion page](#) for updates and fundraising for 8th Grade Promotion

COMMUNITY NEWS

TROOP 4175: Come join Troop 4175, Foster City's BSA Girls Troop! Visit our Troop meeting and find out what joining our troop can offer you! We meet every Wednesday night (virtually for now) at 7:30pm. Contact ECTroop4175@gmail.com for more information. Please [see this flyer](#) for details.

REMINDERS

PARENT ED EVENT :SECRETS OF SUCCESSFUL STUDENTS - *Motivation, focus, and time management strategies that work! Presented by Dr. Maggie Wray.*

If you missed the event, you can [view a recording of the presentation here](#).

Link posted in the chat from the presentation: [Creating Positive Futures](#)

Additional resources mentioned in the presentation:

- Read this article from [Understood.org](#), [What Is Executive Function?](#) -
- Check out this guide from [Understood.org](#), [Understanding Executive Functioning Issues in Your Child](#)
- Read the book [Late, Lost, and Unprepared](#) by Joyce Cooper-Kahn and Laurie Dietzel
- Read the book [Smart but Scattered](#) by Peg Dawson and Richard Guare
- Read the book [That Crumpled Paper Was Due Last Week](#) by Ana Homayoun

BOWDITCH CLUBS: Club information can be found at <https://www.bowditchptsa.org/studentclubs>

BOWDITCH CAMPUS IS CLOSED: We are still having issues of vandalism and unauthorized people on campus grounds. Due to COVID-19, the Bowditch Campus is closed to students and the general public for

the health and safety of our students and teachers. Teachers and staff may be on campus during the week from 7:30am-4:00pm. If you happen to see anyone on campus grounds outside of those times or the gates are open, please call the Foster City police at (650) 286-3300.

CALENDARS:

- ★ Add the Bowditch PTSA Calendar to your Google Calendar by selecting Google's 'Add a friends calendar' and use bowditch.pta@gmail.com.
 - ★ Download a copy of the [updated District Calendar here](#).
 - ★ [District Calendar for the 2021-22 school year](#)
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FACEBOOK: Join the [Bowditch PTSA Facebook Group](#) - Our Facebook group is a closed group and is a way for Bowditch Parents to connect. It is also a way for the PTSA to post last minute updates/changes, important reminders and information from the Bowditch community. Be sure to join so you get the latest scoop!